



Trimac Global

FULFILLING ASPIRATIONS

BENEFITS OF INTERNATIONAL HSE TRAINING & CERTIFICATION

1. International Recognition & Global Opportunities

These certificates are internationally recognized, boosting credibility and opening career opportunities in multinational companies across Asia, the Middle East, and Europe.

2. High Demand in Indonesian Industries

Construction, oil and gas, mining, and manufacturing sectors increasingly require certified HSE professionals, creating strong job opportunities across Indonesia.

3. Higher Salary Potential & Faster Promotions

Certified professionals typically earn higher salaries and receive quicker promotions due to proven global-level safety competencies.

4. Practical Skills for Real Workplaces

Training teaches real, hands-on skills such as hazard identification, accident prevention, and risk assessment that can be applied immediately at work.

5. Aligned with International Safety Standards

The curriculum follows global safety practices used by major companies, ensuring your capabilities meet world-class operational requirements.

6. Suitable for Beginners and Professionals

No prior experience is required, making the courses ideal for students, fresh graduates, or workers seeking career advancement or a transition into HSE.

7. Enhances Professional Reputation

Certification demonstrates responsibility, professionalism, and commitment to safety, earning you greater trust from employers and colleagues.

8. More Local and International Job Opportunities

Graduates can apply for various safety positions in multiple industries, both in Indonesia and in countries with high demand for certified HSE workers.

9. Learn from Accredited Institutions & Trainers

Training is delivered by accredited institutions with experienced instructors who provide real case studies, practical guidance, and personal support.

10. Affordable Investment with Long-Term Benefits

These short and cost-effective courses offer lifelong value by increasing employability, job security, and long-term professional development.

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www.trimacglobal.com

Trimac Global Duta, Gedung Dapenpos Lt-2, JL. PHH Mustofa (No-35), Bandung



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IOSH Managing Safely V 5.0



At Trimac Global we understand that health and safety training courses are crucial for organisations to equip employees with the knowledge and skills to manage health and safety risks effectively. Employers are legally bound to make sure their employees have the right information, instruction, training, and supervision to keep them safe at work.

By fostering a safety-conscious culture, it helps reduce workplace accidents and illnesses, thereby safeguarding employees' well-being and improving productivity. IOSH training ensures a safer, more efficient, and legally compliant workplace.

Introducing IOSH Managing Safely

We are certified to deliver the IOSH Managing Safely programme which is designed to provide participants with the skills and knowledge required to manage health and safety within their organisations effectively. It covers risk assessment, hazard identification, and the implementation of control measures, as well as the legal responsibilities for health and safety in the workplace. This practical and engaging course empowers participants to ensure their operations are conducted in a safe, healthy, and sustainable manner.

Who's the programme for ?

This programme is ideal for managers, supervisors, team leaders and those with health and safety responsibilities across their operations. It is applicable to a wide range of industries, including manufacturing, construction, healthcare, and education, among others. The programme aims to provide a robust understanding of safety practices, legal obligations, and risk management techniques, regardless of the industry, to ensure a universally high standard of workplace safety.

Programme Overview

The programme typically spans 4 days, and we deliver this as a public virtual open programme as well as a tailored closed programme. Tailored programmes can be delivered in person at your premises or online. In this training you will cover an extensive range of topics, delving deeper into different health and safety areas. The key elements include;

- Assessing risks
- Controlling risks
- Understanding responsibilities
- Understanding hazards
- Identifying hazards
- Investigating incidents
- Measuring performance
- Practical Risk Assessment
- Case studies and Workbooks
- Assessment Preparation

Training Programme:
IOSH Managing Safely

Programme Duration:
4 Days

Minimum Entry
Requirements:
No prior qualifications are
required. However,
participants must possess
adequate proficiency in
English.

Delivery Mode:
Online or On-site

Delivery Language:
English

Pricing:
Determined based on
specific requirements.

For a full course breakdown, please get in touch with a member of our friendly team who will be happy to provide further information via info@trimacglobal.com

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Health, Safety and Environment Training and Certification

 UK STANDARD



- **Award in Accident Investigation**

The EOSH UK Level 2 Award in Accident Investigation develops core skills in analysing incidents, identifying root causes, collecting evidence, and ensuring regulatory compliance. Combining theory and practical exercises, it prepares participants to conduct effective investigations across various settings. The course is typically completed in three days.

Duration : 3 days
Delivery Mode : Online / Blended

- **Award in Emergency First Aid**

The Level-2 Award in Emergency First Aid at Work provides essential skills to deliver immediate workplace first aid. It covers assessing emergencies, giving basic life support, administering treatments, and coordinating with emergency services, emphasizing rapid response, accurate evaluation, and effective action during incidents.

Duration : 3 days
Delivery Mode : Online / Blended

- **Award in Basic Fire Safety**

The Level 2 Award in Basic Fire Safety provides essential knowledge of fire causes, prevention, evacuation procedures, and correct use of extinguishers. It equips employees across various workplaces with the fundamental skills needed to understand fire risks and respond effectively to fire emergencies.

Duration : 3 days
Delivery Mode : Online / Blended

- **Award in Electrical Safety**

The EOSH UK Award in Electrical Safety Awareness provides a comprehensive understanding of electrical hazards, risk control, and safe work practices. It covers legislation, safety standards, shock prevention, fire risks, and emergency response, with practical exercises and case studies to support real-world application.

Duration : 5 days
Delivery Mode : Online / Blended

- **Award in Environmental Sustainability**

The Level 2 Award in Environmental Sustainability builds fundamental knowledge of environmental issues, sustainable living, and preservation. It covers environmental laws, pollution prevention, and waste management, while highlighting how individuals and groups contribute to environmental sustainability across various situations.

Duration : 3 days
Delivery Mode : Online / Blended

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OSHA 30-HOUR Construction / General Industry



The OSHA 30-Hour programme is a comprehensive safety training designed to equip participants with advanced knowledge of workplace hazards, OSHA regulations, and effective safety management practices. It provides in-depth guidance on hazard recognition, risk control, accident prevention, emergency procedures, and workers' rights. This practical and engaging training empowers participants to implement safe systems of work, strengthen safety culture, and ensure compliance across various operations.

Who Is This Programme For?

The OSHA 30-Hour course is intended for individuals with supervisory or safety-related responsibilities, including supervisors, foremen, safety coordinators, safety directors, and team leaders. It is ideal for those who oversee workers, manage operations, or influence safety decisions. For entry-level staff or those new to health and safety, the OSHA 10-Hour course may be more suitable.

Programme Overview

Delivered over multiple days, the programme covers a wide range of safety and health topics through interactive sessions, real-world examples, and practical discussions. Key content includes hazard identification, risk control, electrical safety, fall protection, machine safeguarding, fire prevention, emergency procedures, and OSHA compliance requirements. The course can be delivered online, in-person, or as a tailored programme to meet organisational needs.

Industry-Specific Options

OSHA offers specialised 30-hour pathways based on industry requirements. Participants may choose from:

- **OSHA 30-Hour Construction:** Focuses on construction-specific topics such as fall protection, scaffolding, excavation, ladder safety, and site hazards.
- **OSHA 30-Hour General Industry:** Suitable for manufacturing, warehousing, healthcare, logistics, retail, and other sectors, covering machinery safety, ergonomics, chemical hazards, and facility operations.

Training Programme:
OSHA 30 Hour -
Construction / General
Industry

Programme Duration:
4 Days

Minimum Entry
Requirements:
No prior qualifications are
required. However,
participants must possess
adequate proficiency in
English.

Delivery Mode:
Online or On-site

Delivery Language:
English

Pricing:
Determined based on
specific requirements.